

Glucose Tolerance Test Guide

Test	Tube Type	Sample Volume	Glucola Load	Intervals	Fasting Required?	Need to Schedule? (850) 416-2940
Glucose Tolerance Test 2 hr Non-Gestational	Grey Top	3ml	75gms	<u>2 Hours</u> Fasting, 2 hr	Yes	Yes
Glucose Tolerance 2 hr 75gm (Pregnant)	Grey Top	3ml	75gms	<u>2 Hours</u> Fasting, 1 hr, 2 hr	Yes	Yes
Glucose Tolerance 3 hr Prenatal (Pregnant)	Grey Top	3ml	100gms	<u>3 Hours</u> Fasting, 1 hr, 2 hr, 3 hr	Yes	Yes
Glucose Challenge w/ Hemogram (Pregnant)	Grey Top & Lavender	3ml	50gms	<u>One Hour</u> Fasting, 1hr	Yes	No
Glucose Tolerance 1 hr Prenatal (Pregnant)	Grey Top	3ml	50gms	<u>One Hour</u> 1 hr	No	No